



Nasirat Ijtimaa Mothers Info Session

February 7th, 2026

Agenda

Year Plan

Nasirat Age
Groups

Ijtima

Mother's
Decorum

Resources

FAQ &
Upcoming
Events





Year Plan

What does the Nasirat year look like?

Term	Month	Events
		Local Nasirat Events (Classes, Exams, Jalsa Jaats, Ijtima)
1	November 2025	2 Nasirat Classes
	December 2025	2 Nasirat Class
	January 2026	1 Nasirat Class & Term 1 Exam combined with a social event
2	February 2026	1 Nasirat Class & conduct voting for the Arts & Crafts Competitions at Lajna Jalsa Musleh Mau'ud (ra) ; 1 National Ramadan Virtual Class (21st)
	March 2026	Local Nasirat Ijtima Theme: Ibadat through the 5 Pillars of Islam after 23rd No Local Nasirat Classes, 2 National Ramadan Virtual Classes (7th & 14th)
	April 2026	1 Nasirat Class and Local Nasirat Ijtima with Theme: Ibadat through the 5 Pillars of Islam till 30th OR 2 Nasirat Classes if Ijtima was held in March
	May 2026	1 Nasirat Class & Term 2 Exam combined with a social event; <i>Regional Nasirat Ijtima</i>
3	June 2026	2 Nasirat Classes; <i>Regional Nasirat Ijtima</i>
	July 2026	Summer Field Trip - No Formal Nasirat Class
	August 2026	Summer Field Trip - No Formal Nasirat Class; <i>National Nasirat Ijtima 29th & 30th</i>
	September 2026	1 Nasirat Class & Term 3 Exam combined with a social event & National Nasirat Basketball Tournament
1 (2026-2027 year)	October 2026	2 Nasirat Classes
	November 2026	2 Nasirat Classes
	December 2026	2 Nasirat Classes




LAJNA IMA'ILLAH CANADA

CHANDA CHANGES

Sayyedna Hazrat Khalifatul Masih (aba) has graciously approved the following recommendations of National Majlis Shura 2025:

Below are the details of Lajna & Nasirat Chanda effective from October 1, 2025

	CHANDA/YEAR 
Lajna Membership (Non-Earning Members)	\$30.00
Lajna Membership (Earning Members)	1% of monthly income every month
Lajna Ijtima'	\$45.00
Lajna Isha'at	\$5.00
Nasirat Membership	\$15.00
Nasirat Ijtima'	\$15.00

Only those Nāsirāt who have paid their membership and Ijtimā Chanda can take part in the Regional & National Ijtimā competitions.



Age Groups

AGE CRITERIA 2025-2026

**When does a girl become
Nasirat?**

The day she turns 7

Year of Birth	Age Group starting 1st October 2025
2018 (Jan-Dec)	Age 7
2017 (Jan-Dec)	Age 8
2016 (Jan-Dec)	Age 9
2015 (Jan-Dec)	Age 10
2014 (Jan-Dec)	Age 11
2013 (Jan-Dec)	Age 12
2012 (Jan-Dec)	Age 13
2011 (Jan-Dec)	Age 14
2010 (Jan-Dec)	Join Lajna Ima'illah

Age Syllabus:

On October 1, 2025, Nasirah will start the Talim & Ijtima Syllabus of her age she turned between January 2025 - December 2025.

On October 1, 2026, Nasirah will start the Talim & Ijtima Syllabus of her age she turned between January 2026 - December 2026. However, if a Nasirah turns 7 before the Local Nasirat Ijtima she can participate in the Ijtima. Any time a Nasirah turns 7 she must start coming to classes and start her syllabus

Nasirat to Lajna:

If a Nasirah turns 15 anytime in 2025, she will join Lajna Ima'illah on October 1, 2025.

If she turns 15 anytime in 2026, she will join Lajna Ima'illah on October 1, 2026.



Ijtimā

IJTIMA TIMELINE

LOCAL IJTIMA

Theme: Ibadat through the 5 Pillars of Islam
Timing: March OR April 2026

REGIONAL IJTIMA

Theme: Ibadat Through Modesty
Timing: May OR June 2026

NATIONAL IJTIMA

Theme: Love of Allah (Muhabat-e-Illahi)
Date: August 29th & August 30th 2026



Nasiratul Ahmadiyya Canada

IJTIMA COMPETITIONS

2025-2026

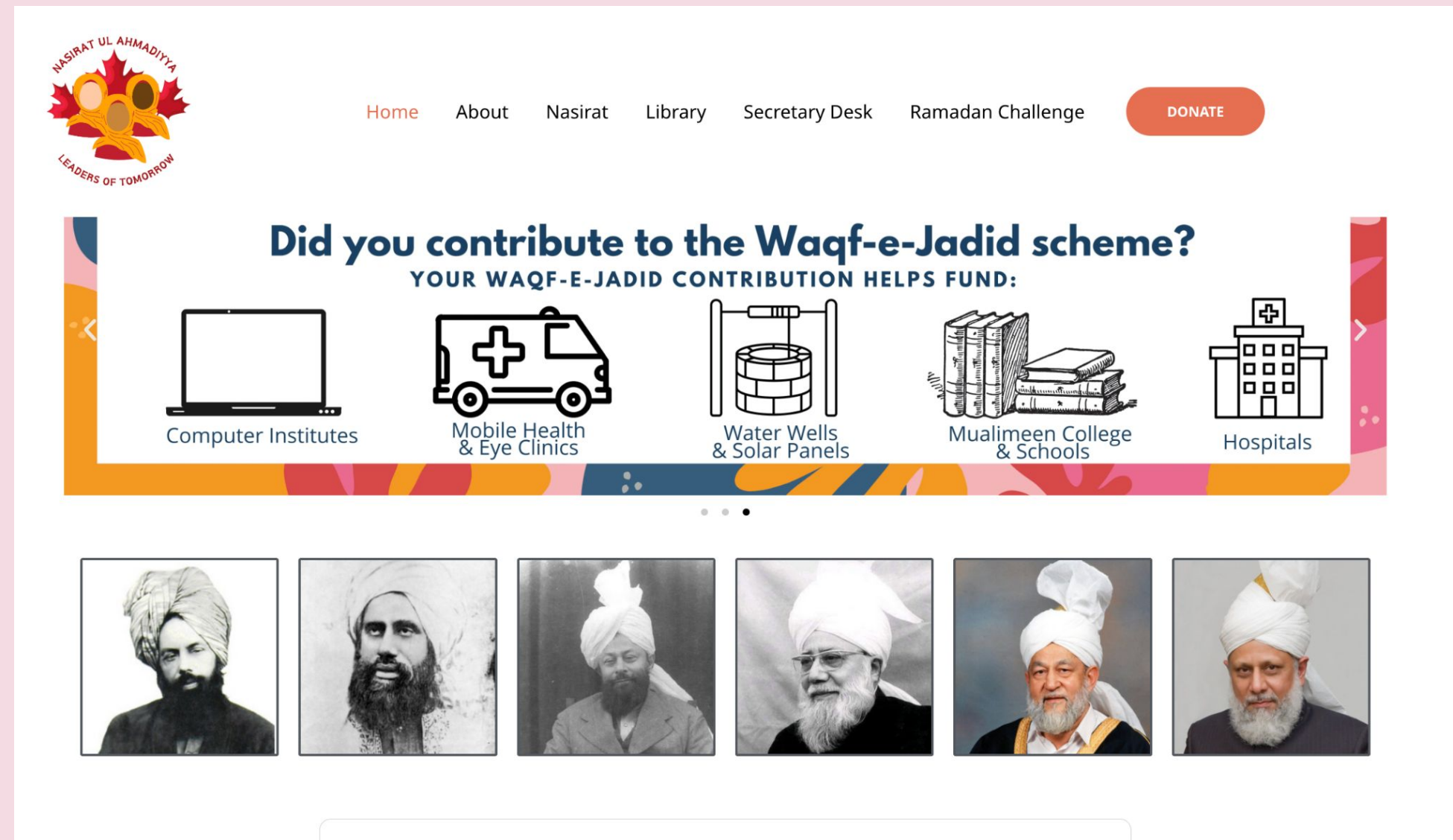
	LOCAL	REGIONAL	NATIONAL
<i>Tilawat</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Hifz-e-Quran</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Salat/Namaz</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>English Speech</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Urdu Speech</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>French Speech</i>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Nazm</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Bait Ba'azi</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>STEM</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Quiz</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

****ONLY QUEBEC WILL HAVE FRENCH SPEECH AT LOCAL****

- Tilawat and Salaat is Mandatory
- One winner for 1st, 2nd and 3rd
- Memorization is not Mandatory at the Local Level
- Uniforms are not mandatory

Where can you find *everything*?

You guessed it, the Nasirat website! → nasirat.ca



The screenshot shows the homepage of the Nasirat website. At the top left is the logo for Nasirat Ul Ahmadiyya, featuring a stylized red and yellow flower with the text "NASIRAT UL AHMADIYYA" and "LEADERS OF TOMORROW". The navigation menu includes "Home", "About", "Nasirat", "Library", "Secretary Desk", and "Ramadan Challenge", followed by a red "DONATE" button. The main content area features a banner with the heading "Did you contribute to the Waqf-e-Jadid scheme?" and the sub-heading "YOUR WAQF-E-JADID CONTRIBUTION HELPS FUND:". Below this are five icons representing different areas of support: a laptop for "Computer Institutes", an ambulance for "Mobile Health & Eye Clinics", a water well for "Water Wells & Solar Panels", a stack of books for "Mualimeen College & Schools", and a hospital building for "Hospitals". At the bottom of the page, there is a row of six black and white portraits of men wearing turbans, likely historical figures associated with the organization.



[Home](#)

[About](#)

[Nasirat](#)

[Library](#)

[Secretary Desk](#)

[Ramadan Challenge](#)

[DONATE](#)

Nasirat Corner

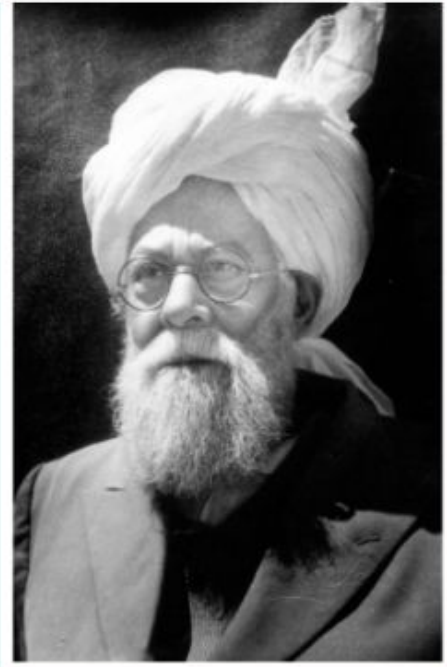
Exam study guides

Syllabus Checklist

Ijtima

Photo Gallery

- Nasirat- 1939 by H
- Nasirat- Ahmadiy



AHMADIYYA

was established in February,
Masih II (ra)
means "Female Helpers of



Nasirat Ijtima

Click on your Age group to Download your Ijtima Package!



[TAHASHUD](#)

[IJTIMA GUIDELINES](#)

[JUDGES INSTRUCTIONS](#)

[JUDGEMENT SHEETS](#)

[COMPETITIONS](#)

[FAQS](#)

[CERTIFICATES](#)

[SALAAT COMPETITION](#)

Each Nasirah should learn how to recite the Tashahud and MUST recite it before beginning the speech.

Tashahud



English Speech Competition
Local Ijtima Nasirat-ul Ahmadiyya Canada
JUDGING GUIDELINES

Example of
 Speech
 Competition
 Judging
 Guidelines:

CONTENT (15)	REFERENCES (10 Total):		VOCABULARY (5)	STYLE of DELIVERY (10) **Memorization not mandatory at Local**	TIME (5) *starts after At-Tashahhud)
	Relevance/Strength (7)	Type/Variety (3)			
1–3: Unclear or off-topic; main idea hard to follow	1–2: References are unclear or not connected to the topic	Use at least 3 references from these sources (multiple from the same type allowed, but diversity adds depth): Holy Qur'an, Hadith/Sunnah, Promised Messiah (as) books or sayings, Huzoor (aba)'s Friday Sermons, Writings of the Khulafa, Research or other reliable sources	1: Too simple or too complex	1–3: Flat or hard to follow	1: Too short or too long
4–6: Basic content with some gaps or missing details	3–4: References are mostly clear and somewhat support the message		2: Limited or unclear	4–5: Some expression; mostly clear	2: Off time; uneven pace
7–9: Good content; mostly clear and organized	5–7: References are strong, clear, and add real value to the talk	1: References are weak or loosely connected to the content, lacking clarity	3: Mostly suitable	6–7: Clear, confident, engaging	3: Within time; fair pacing
10–12: Strong, relevant, and well-structured; minor gaps		2: References are clear and moderately strengthen the content	4: Clear and age-appropriate	8–9: Expressive, natural and engaging	4: Good timing and pace
13–15: Excellent — clear, engaging, and meaningful message		3: References are highly impactful, strongly relevant, and enhance the content significantly	5: Excellent, expressive, and easy to understand	10: Captivating delivery — clear, confident, and energetic throughout	5: Perfect timing; smooth flow (±15 seconds)



Urdu Speech Competition
Local Ijtima Nasirat-ul Ahmadiyya Canada

*Memorization is Required at Regional & National

AGE GROUP 7-9

Full Name	Content (15)	References (10)	Vocabulary (5)	Style of Delivery (10)	Time (5)	Total (45)
	Feedback/Comments:					
	Feedback/Comments:					
	Feedback/Comments:					

You can also see how the Judge's marking sheet would look like:



NEW!
Feedback section included in all judgement sheets

Creating a Safe & Inclusive Ijtima

Our goal is for **every Nasirah** to feel welcomed, valued, and supported at Ijtima.

We understand that Nasirat come with **different abilities, needs, and experiences** .

To ensure this, we have been **actively engaging with the SEND Department** in our planning.

This collaboration helps us create an environment that is **inclusive, respectful, and positive** for all participants.

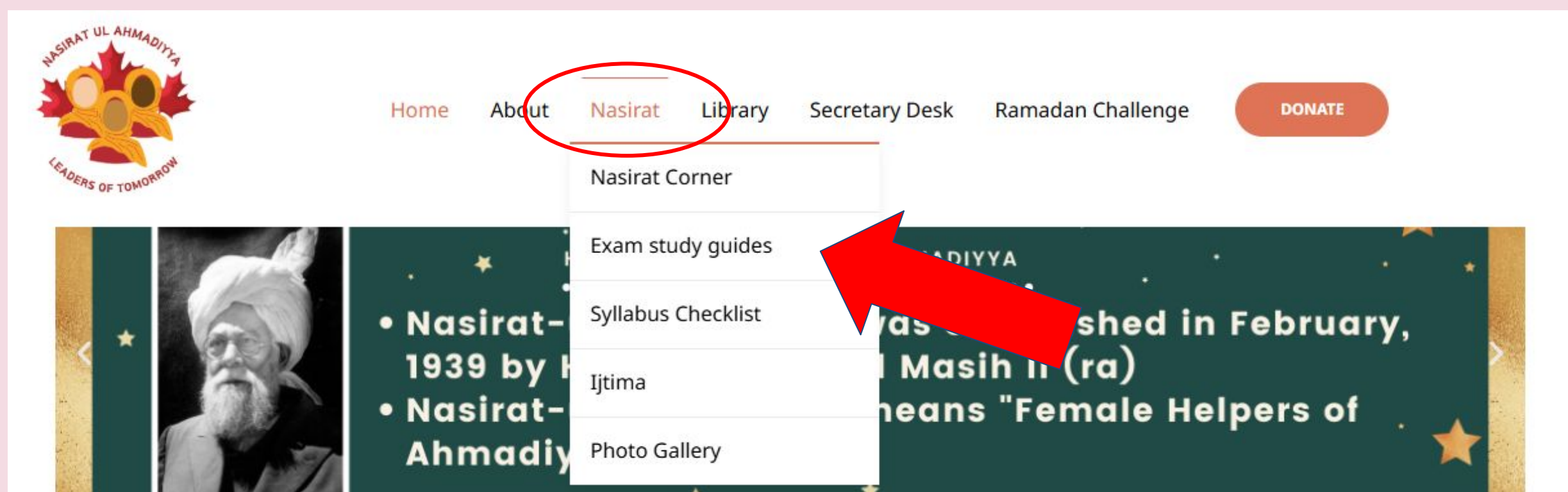
We humbly ask for your **trust, patience, and cooperation** as we work together to make Ijtima a meaningful experience for every Nasirah.



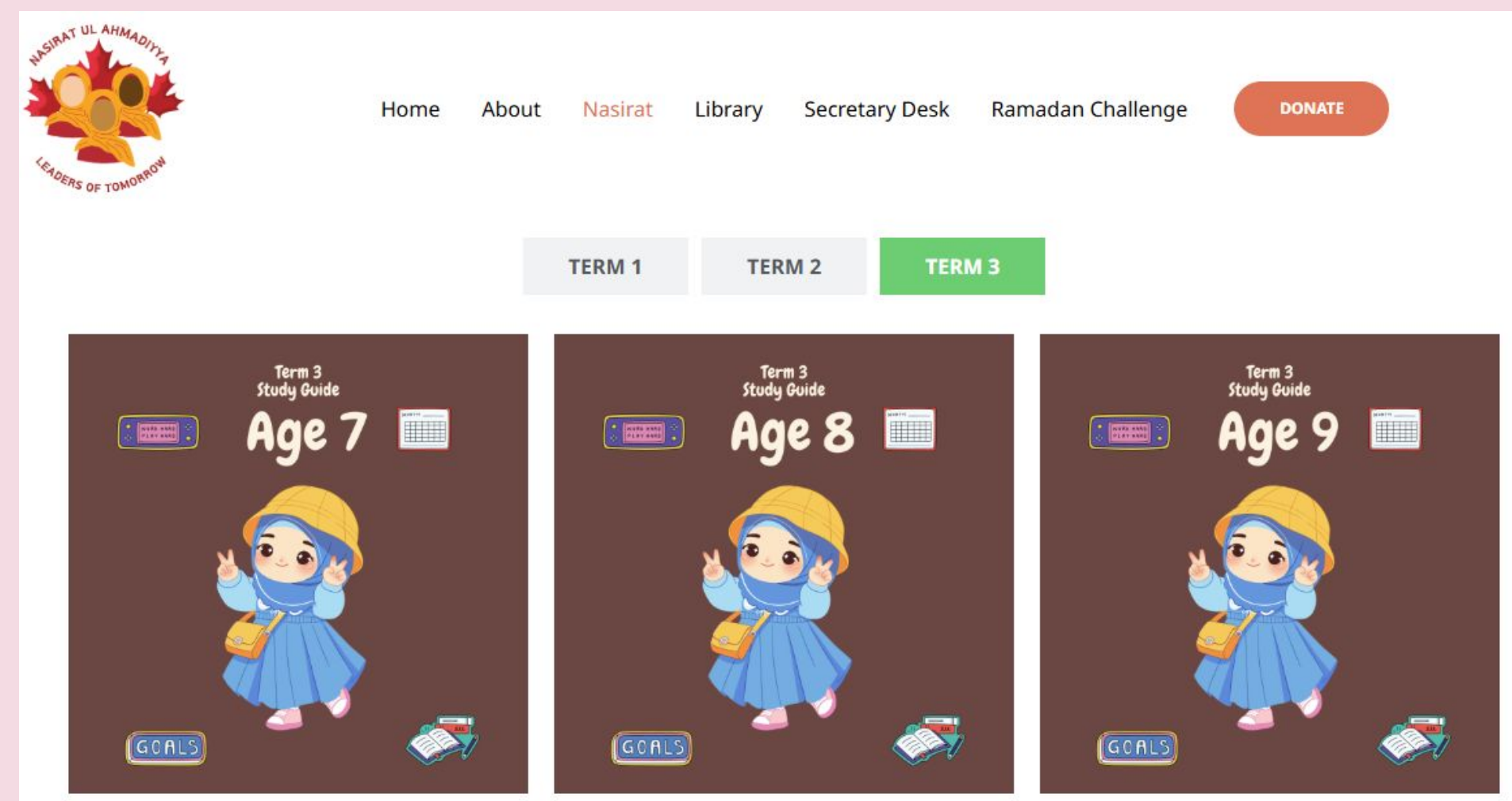
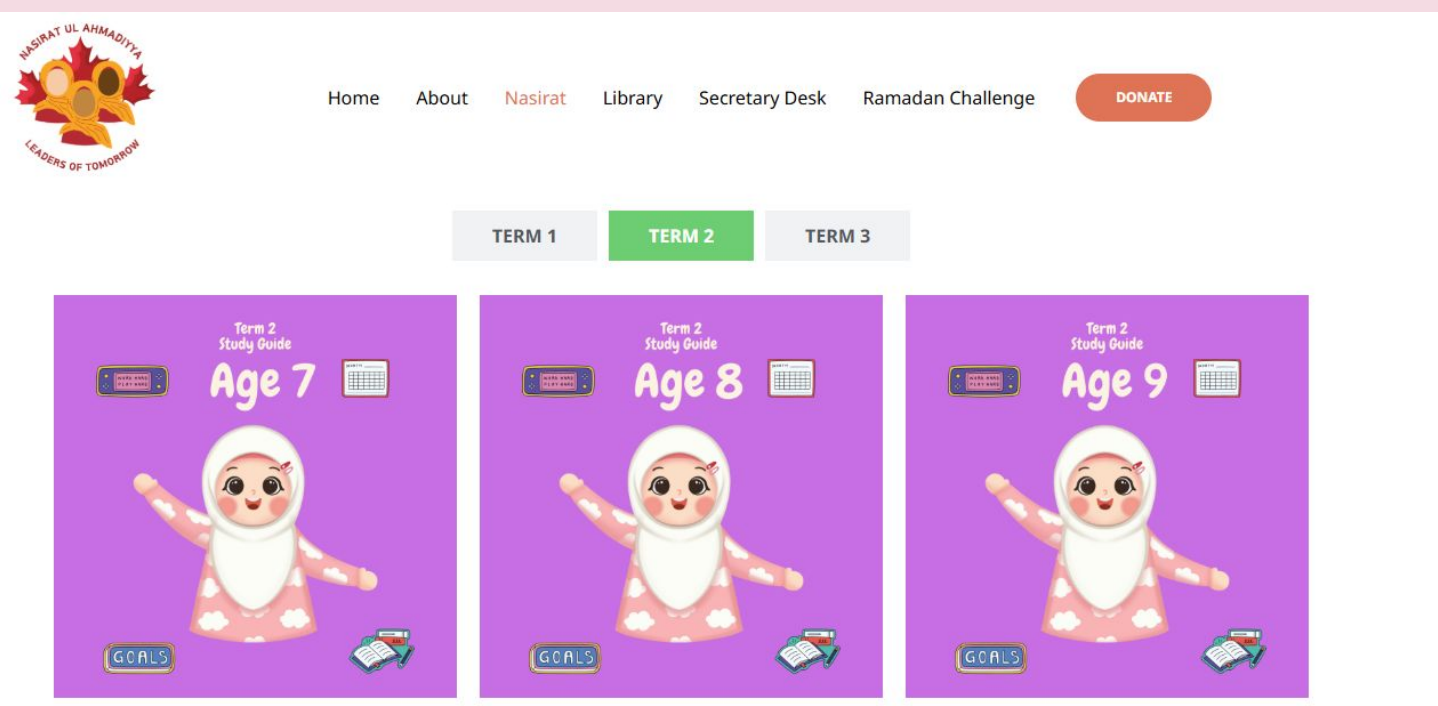
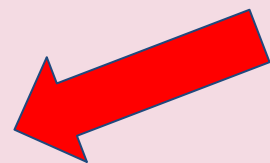
Resources

What else can you find on the
Nasirat website?

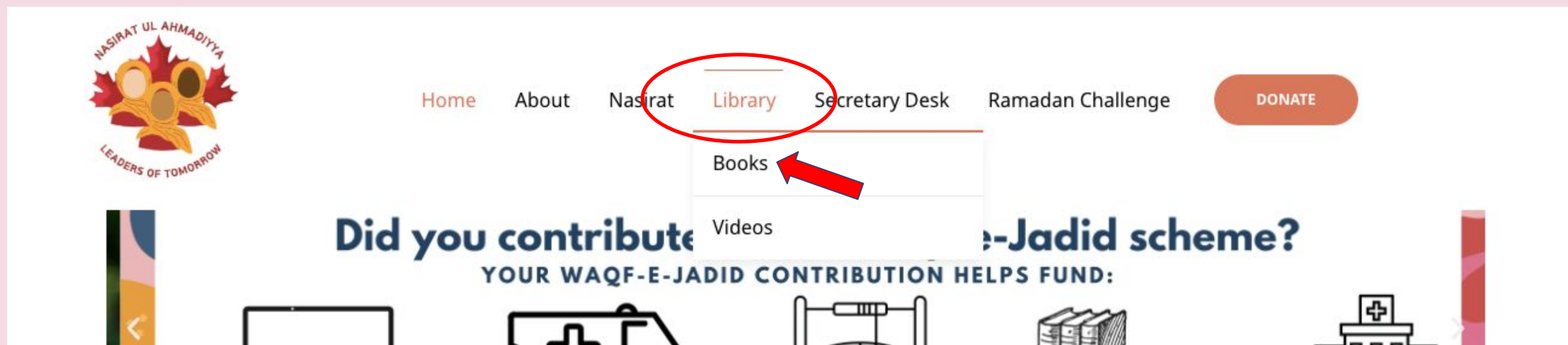
Resources, like Books!
Term Exam Study Guides!



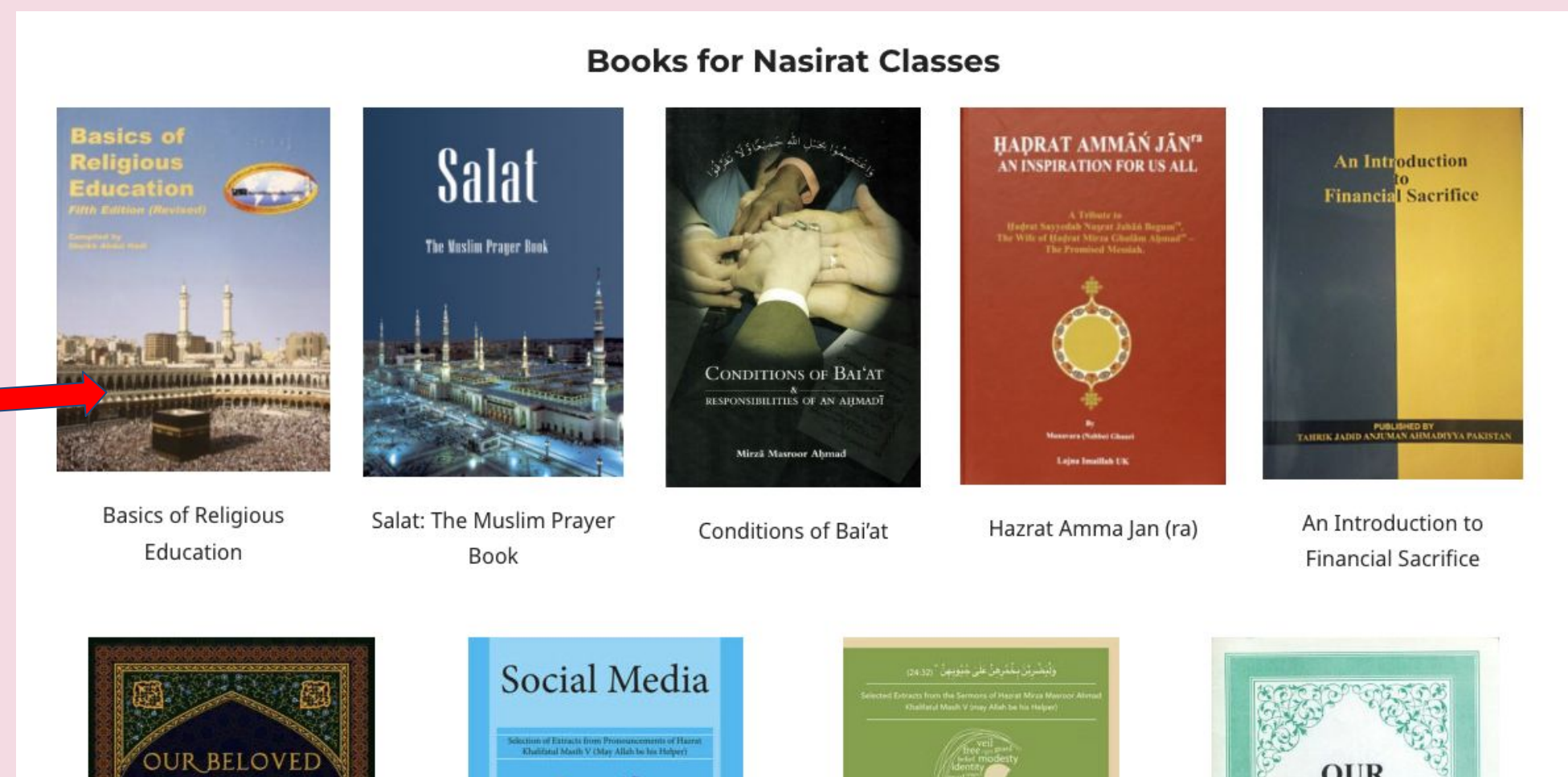
Everything has already been at your fingertips!



These are made for the Nasirat to print and study their Syllabus and be 100% ready for their term exams!



Everything has already been at your fingertips!



All of these books are used in our lesson plans, study guides, exam questions and also guide our Ijtima syllabus!



Mother's Decorum

Huzoor (aba) Guidance Regarding Sportsmanship



Failing with Grace is very important

“Teach your child that it’s okay to feel disappointed after losing. Feeling disappointed is normal, but there are different ways to express that disappointment. Some children may be ready to jump back in and play again. Others may need to step away from the game, take a break, ask for a hug, spend a little time alone, or read a book to calm down. Let your child know there are lots of ways to show disappointment, but that it’s never okay to say mean, disparaging, or untruthful words about others just because your feelings are hurt (e.g., “I’m supposed to win – not them! They must have cheated!”). Even if your child wins, talk about how those who lost are feeling. How do you think they are feeling? Have you ever felt that way?”

Source: <https://synergies.oregonstate.edu/2020/creating-compassionate-kids/>

Practice Good Sportsmanship

“Share with your child that even if they feel upset or disappointed, they can practice good sportsmanship by congratulating those who did win. Find meaningful ways to be a good sport even during informal games at home whether you win or lose. Shake hands. Say, “Good game!” Share a genuine compliment with the other player or players to let them know something they did that was really positive or showed skill/improvement. Thinking about others’ feelings can often help children manage their own (e.g., “They worked really hard – just like me!”).

Source: <https://synergies.oregonstate.edu/2020/creating-compassionate-kids/>

Attending an Ijtima as a Nasirat Mom!

We humbly ask mothers to:

- Encourage and uplift all Nasirat
- Model patience, respect, and good sportsmanship
- Trust the judges and volunteers serving at Ijtima
- Raise any concerns through the proper channels after the event
- Maintain a calm and positive presence throughout the program
- Reward your Nasirat after the Ijtima
- Compliment other Nasirat

We humbly ask mothers not to:

- Approach or question judges during competition
- Argue, raise voices, or engage in confrontation
- Disrupt competitions or the program flow
- Discuss results publicly or compare Nasirat
- Place undue pressure on their daughter regarding outcomes

***Remember: Our conduct shapes
the environment our daughters
grow in"***



FAQ & Upcoming Events

FAQ

If a Nasirah suddenly gets her periods on the day of the Ijtima, can she still participate in Tilawat, Hifz, and Salat competition? How should Nasirat recite the Quran while on their period?

- Participating in these competitions does not equal worship, so yes, Nasirat can still participate in these competitions while on their period reading off of the printed syllabus provided during the Ijtima.
- Otherwise, practicing worship by reading Quran or Namaz while on period is not permitted – please refer to the infographic that should have been sent by your Sadr Sahiba in January regarding this

FAQ

Can there not be games/activities at the same time as local ijtima? Why do the boys have more fun?

- Of course! In fact, we expect all secretaries to organize games/activities for Nasirat so that they are not just sitting around in-between competitions. It is a part of their instructions on organizing an Ijtima – if you feel your secretary is not organizing an ijtima more than just holding competitions, please reach out to us.
- [Huzoor \(aba\) gives guidance to the Nasirat Secretary || Muslims For Peace](#) - Huzoor (aba) mentions how Nasirat Secretaries need to go beyond planning Tarbiyati programmes for Nasirat but something that is of their own interests

FAQ

Since 2nd and 3rd positions do not advance to regionals, would they be awarded medals this year, regardless of their percentage/marks? Previously, they did not receive medals if their marks were below 80%, which was disappointing and sad for the Nasirat. Judges should be encouraged to be more generous with marking.

- Second and third place participants should absolutely be awarded medals, as the national department provides sufficient medals each year for 1st, 2nd, and 3rd positions and there is no percentage requirement at the local or regional level for medal eligibility. At the Regional level, even if a first place participant scores below 90%, they should still receive their medal but be informed that they cannot advance to Nationals, since the only percentage rule is that a Regional first place participant must achieve 90% or above to qualify. It is important that these guidelines are followed consistently, and local and regional teams are expected to clearly communicate the marking scheme to their judges and ensure judging is carried out in a fair, supportive, and encouraging manner so that the hard work of the Nasirat is properly recognized.

FAQ

Why is French speech only for Quebec?

- Over the past few years, many local Majalis have had difficulty securing more than one or two qualified judges for the French speech competition. This has sometimes affected the fairness and consistency of marking for Nasirat who put significant effort into their presentations. We believe these participants deserve to be evaluated by properly qualified judges. For this reason, the French speech competition will now be held only at the Regional and National levels, except in Quebec. Since Quebec is predominantly French speaking and does not face the same challenge in finding judges, the competition can continue locally there and follow normal processes when advancing from local to regional. At the Regional level in all other areas, the French speech competition will remain open to all interested Nasirat, with no limit on the number of participants from each region.

Upcoming Events

Ramadan Virtual Kahoot Classes!!

Save the dates:

- 1) National Nasirat Virtual Ashra Class & Kahoot #1 - *February 21, 2026*
- 2) National Nasirat Virtual Ashra Class & Kahoot #2 - *March 7th 2026*
- 3) National Nasirat Virtual Ashra Class & Kahoot #3 - *March 14th 2026*

Term 2 Exams: May 2026

Term 3 Exams: September 2026

JazakAllah!



For further inquiries or concerns, please email:

nasirat@lajna.ca

Please use a clear subject line and briefly explain your concern or situation in your message so we can assist you efficiently.